

ROUTINES & TRANSITIONS

Tiny Titans Routine Road

Choose only the steps your family needs today.

Grown-up chooses 2-4 cards. Builder points, moves, or parks each card.



START HERE

Place the first card here.

NEXT

Place the next card here.

THEN

Add another step only if it helps.

LAST

This can stay empty on a short day.

The routine is a tool, not a test.

CUT-APART CARDS

Morning Build Cards

Cut them out, or point to them right on the page.



Bathroom



Get dressed



Breakfast



Brush teeth



Wash face



Hair



Shoes on



Pack bag



Coat on



Clean one thing



Grown-up's choice



Your family card

CUT-APART CARDS

Bedtime Road Cards

Use a few familiar steps, not every card.



Clean up



Bath or wash



Pajamas



Brush teeth



Bathroom



Story



Quiet cuddle



Quiet song



Say goodnight



Lights low



Grown-up's choice



Your family card

WHEN THE PLAN BENDS

Plans Can Change

Use one helper card when the routine needs a different road.



CHANGE OF PLAN

The plan can change.



GROWN-UP HELP

We can do this part together.



PARK FOR LATER

This step can wait.



ALL DONE TODAY

We are finished for today.

ALL-DONE GARAGE

Park finished cards here. No sticker, streak, or prize is required.
